

2018 IMMAF SENIOR EUROPEAN CHAMPIONSHIPS OF AMATEUR MMA

Competition Handbook

Version 1 March 15th 2018



Table of Contents

1 - Organizer
2 – Program
3 - Competition Place
4 – Eligibility
5 – Athlete Sponsor Guidelines
6 – Athlete Screening
7 – Participation
8 – Categories
9 - Accreditation & Control of Nationality
10 - IMMAF Pre – Registration Online
11 – Key Deadlines
12 - Weigh in (inc allowance policy) & Pre Fight Medical Examination
13 - Competition Mode
14 – Draw
15 - Referees & Judges
16 – Corners (seconds), Team Leaders & Team Delegates
17 – Equipment
18 – Transport
19 – Accommodation
20 - Participation Fee
21 - Anti – Doping
22 - Medical Clearance
23 – Insurance of Competitors
24 – Media
25 – Athlete Media Obligations
26 - Medals Ceremony
27 – Visa

1

Organizer

International Mixed Martial Arts Federation (IMMAF)

Address:

*C/O Sporting Equals, Building 300, Trinity Park,
Birmingham International Airport, United Kingdom B37
7ES*

Email info@immaf.org

Romania MMA Federation

Romania, city: Bucharest, street: Drumul Taberei nr.
111, Bl. TD 15, Ap. 32, sector 6, postal code: 061377

Email: contact@rmmaf.org

IMMAF Hotel & Transport Contact

Name: Gosha Malik

Email: malik@immaf.org

Tel: +44 (0) 7939520461

Emergency Contact

Name: Alistair Pettitt

Email: pettitt@immaf.org

Tel: +44 (0) 7900933329

Pre Event Support for Visa Applications

Name: Gosha Malik

Email: malik@immaf.org

Tel: +44 (0) 7939520461

Record Enquiries

Name: Jorden Curran

Email: curran@immaf.org

Tel: +44 (0) 7531457128

Medical Enquiries (SAFE MMA)

Name: Yoni Gottlieb

Email: safemma@immaf.org

Tel: +44 (0) 7973321664

Media & Brand Enquiries

Name: Isobel Carnwath

Email: carnwath@immaf.org

Tel: +44 (0) 7984936219

2 – Program

Attention: The schedule may be modified according to the total number of entries and circumstances of competition.

Sunday 17th June - Check in to official hotel, registrations and accreditation

All delegates to arrive and check into the official hotel. Please note that the official accommodation, which is included in the participation fee, begins from Sunday 17th June, with a checkout of Saturday 23rd June 2018

9:00 – 5:00pm - Registration (Accreditation, weigh in and kit sizing) at the official hotel

5:30pm – 6:00pm – Rules briefing

6:00pm - Tournament Draw

Monday 18th June – Day 1 of competition

Weigh in and pre fight medicals - 6:00am to 8:00am (at the official hotel)

Competition starts at 11:00am

Tuesday 19th June– Day 2 of competition

Weigh in and pre fight medicals - 6:00am to 8:00am (at the official hotel)

Competition starts at 11:00am

Wednesday 20th June– Day 3 of competition (Quarter-Finals)

Weigh in and pre fight medicals - 6:00am to 8:00am (at the official hotel)

Competition starts at 11:00am

Thursday 21st June – Day 4 of competition (Semi – Finals)

Weigh in and pre fight medicals - 6:00am to 8:00am (at the official hotel)

Competition starts at 11:00am

Friday 22nd June Day 5 of competition (Finals)

Weigh in and pre fight medicals - 6:00am to 8:00am (at the official hotel)

Competition starts at 11:00am

Saturday 23rd June- Hotel Checkout

All delegates to check out of the hotel.

3 - Competition Place

Venue Name – RIN Grand Hotel

Venue address - 7D Vitan-Barzesti Str. Sector 4, 042121 Bucharest, Romania

Venue web address - <http://grand.rinhotels.ro/en-us>

4 – Eligibility

Please see the document for athlete eligibility found here -

https://www.mynextmatch.com/tournament/70/details/national_team/feed

5 – Athlete Sponsor Guidelines

Please see the document for athlete sponsor guidelines found here -

https://www.mynextmatch.com/tournament/70/details/national_team/feed

6 - Athlete Screening

Please see https://www.mynextmatch.com/tournament/70/details/national_team/feed for the Athlete screening process document.

If any professional records are detected by IMMAF after the registration deadline without prior notification, the National Federation will incur a fine of £100 for each athlete who is listed as professional, regardless of website error.

7 – Participation

This IMMAF European Championships is for European IMMAF Member Federations. There is a limit of 32 participants for each weight category and each federation can enter a maximum of 2 entries per weight category, subject to first come first served basis. The host federation can enter up to four (4) participants per weight category. **The competitors must be of the same nationality as the National Federation, which enters them.**

1. It is mandatory that competitors participating in IMMAF Championship events are nationals of the country whose team they are representing. For the avoidance of doubt, nationals are classed according to the passport(s) they hold.
2. A competitor who is a national of two or more countries at the same time may represent any one of them. However, after having represented one country in IMMAF competitions, he/she may not represent

another country unless he / she meets the conditions set forth in paragraph 3 below which applies to persons who have changed their nationality or acquired a new nationality.

3. A competitor, who has represented one country in IMMAF Championship events and who has changed his / her nationality or acquired a new nationality, may represent his/her new country in IMMAF Championship events provided that at least twelve (12) months have passed since the competitor last represented his / her former country. This period may be reduced or even cancelled, with the agreement of the National Federation from which the competitor is moving.

Every delegate of the 2018 European Championship will have to become an Affiliate Member of their National Federation on My Next Match to the minimum of \$6 Admin Fee. Email malik@immaf.org for information on how to register as a member of your national federation.

8 – Categories

Women
Strawweight -115lbs (-52.1kgs)
Flyweight -125lbs (-56.7kgs)
Bantamweight -135lbs (-61.2kgs)
Featherweight -145lbs (-65.8kgs)
Lightweight -155lbs (-70.3kgs)

Men
Flyweight -125lbs (-56.7kgs)
Bantamweight -135lbs (61.2kgs)
Featherweight -145lbs (65.8kgs)
Lightweight -155lbs (-70.3kgs)
Welterweight -170lbs (-77.1kgs)
Middleweight -185lbs (-83.9kgs)
Light Heavyweight -205lbs (-93.0kgs)
Heavyweight -265lbs (-120.2kgs)
Super Heavyweight +265lbs (+120.2kgs)

9 – Accreditation & Control of Nationality

At least one (1) team official and a maximum of two (2) must attend the registration on Sunday 17th June 2018 from 09:00 to 15:00 in order to confirm the delegation. Failure to do this will result in a nation not being entered into the draw and will be disqualified from the competition. Passports or photocopies of passports from all competitors must be available on request (National ID Card showing nationality and date of birth or a copy is also accepted). An IMMAF accreditation card with a photograph will be issued to competitors and officials.

10 – IMMAF Pre – Registration Online

All participants and delegates must be pre-registered for the event using the IMMAF Online Registration System. <https://www.mynextmatch.com/tournament/70/details>

Deadline for Pre-Registration is Monday, 7th May 2018.

After the deadline only athletes replacing a competitor who is medically diagnosed as unfit to compete can be entered into the competition. An official letter from the injured athletes GP or registered team Doctor will need to be submitted to IMMAF's independent Medical Partner for verification at safemma@immaf.org

11 – Key Deadlines

Team Registration including participation fee payment – Monday, 7th May 2018

THIS IS THE DEADLINE TO REGISTER TEAMS

Travel details (must be entered on the my next match portal here -

<https://www.mynextmatch.com/tournament/70/details> – Monday, 4th June 2018

Room allocation details (must be entered on the the my next match portal here -

<https://www.mynextmatch.com/tournament/70/details> – Monday, 7th May 2018

Pre-Registration of Injury Replacements – Monday, 4th June 2018

Medical Clearance – Monday, 4th June 2018

12 – Weigh-in (inc allowance policy) & Pre Fight Medical Examination

Programme:

Sunday 17th June 2018 – All Competitors to make weight within 1.5% of the weight category they are competing in.

Monday 18th June 2017 to Friday 22nd June 2018 – Competition days 1 to 5 – All competitors to make weight with *no allowance*. Any competitor that fails to make weight will be out of the competition at this stage. Priority weigh in on the scales will be given for the competitors competing on day one.

The first official weigh-in takes place at registration. There will be no option for late annual medical examination or blood tests.

Following this the official weigh-in & pre fight medical for each weight category is held each morning of competition (See 2 programme). Athletes must present their IMMAF accreditation card and his/her passport (National ID Cards showing nationality and date of birth are also accepted).

Only athletes that are set to compete on that day must attend that competition day weigh in. Competitors with byes are not expected to weigh in.

Any athlete who does not show up within the designated weigh in times or fails to make weight will be excluded from competition. Athletes will only have one chance at making weight on the official scales.

A set of test scales will be available for one hour before the official weigh in. This is to facilitate athletes who wish to check their pre-fight weight before stepping onto the official weigh in scales.

Outside of the official weigh in times test scales available on the same morning and a set of scales will be made accessible throughout the competition.

Athletes must present their accreditation card and passport or National ID Card showing nationality and date of birth.

Weigh in allowance policy can be found here -

https://www.mynextmatch.com/tournament/70/details/national_team/feed

13 – Competition Mode

The competition will be conducted in accordance with the latest IMMAF Amateur rules, (See https://www.mynextmatch.com/tournament/70/details/national_team/feed).

There is only one uniform competition system for all IMMAF official events – an elimination system with no repechage.

14 – Draw

The draw will take place on Sunday 17th June 2018 at 18:00hrs at the official tournament hotel.

The top eight (8) from the entered competitors in each weight category will be seeded according to the current IMMAF World Amateur MMA Ranking List.

For all categories the competitors will be divided into two (2) tables by means of a “draw”, and elimination system will be used to produce two (2) Finalists, who will compete for the gold medal.

A bronze medal will be awarded to both losing semi finalists.

IMMAF and the Local Organising Committee will distribute for each of the fourteen weight categories:

- 1st place - gold medal (1)
- 2nd place - silver medal (1)
- 3rd place - bronze medal (2)

All competitors must make weight each day they are scheduled to compete. Once a competitor loses a bout they are then out of the competition from that stage. If a competitor wins their bout but is medically suspended, they are out of the competition from that time. Please note, competitors that have byes are not required to weigh-in. Only competitors scheduled to compete on any given day must weigh in and make weight. If the competitor fails to make weight for the official weigh in, then they will be out of the competition from this time and their opponent will advance to the next round via a bye. If both opponents fail to make weight then no one advances.

15 – Referees & Judges

Each federation may put forward recommended competition officials through the IMMAF NTO (National Technical Officials) application process. The organising federation (RMMAF) may enter officials as required for the realisation of the tournament if a sufficient number cannot be sourced. The requirement for officiating can be found in the “Officials Selection Procedure Form” at https://www.mynextmatch.com/tournament/70/details/national_team/feed

16 – Corners (seconds), Team Leaders & Team Delegates.

All team delegates must fully adhere to the dress code outlined for the draw and for the duration of the competition.

Dress Code for Draw: suit, with jacket and tie or national team tracksuit

Rounds 1 to 5: National team tracksuit / uniform, NO caps, NO shorts OR flip flops.

17 – Equipment

The gloves, shorts, rash guards and shin guards will be provided by the brand Green Hill.
Hand wraps will be provided by IMMAF and applied by the official IMMAF cut-man team.
Competitors are responsible for providing their own mouth and groin guard.

18 – Transport

All flight information related to the Team Delegation must be entered in to the MyNextMatch database.
The airport of arrival and departure will be the Henri Coandă International Airport (OTP)

Flight information must be entered in the MNM database

<https://www.mynextmatch.com/tournament/70/details>

Deadline: Monday, June 4th, 2018, (23:59 GMT)

18.1. Local Transportation

Local transportation will be provided by the Organisers to and from the airport, to the official hotel on arrival day Sunday 17th June and checkout day Saturday 23rd June only.

In order to provide you the best transportation service upon your arrival and departure in Bucharest, we kindly request you **complete or update** your MyNextMatch flight details with **your final travel details** by 4th of June 2018.

Complimentary Shuttle Service will be available as follows:

- Complimentary shuttle service for **ARRIVALS** will run from Bucharest Airport to Official Championship Hotel from Sunday, 17th June
- Complimentary shuttle service for **DEPARTURES** will run from Official Championship Hotel to Bucharest Airport from Sunday, 23 June Sunday only.

The final official shuttle service schedule will be communicated a week prior the event.

19 – Accommodation

All registered team members are accommodated at the official team hotel.

Hotel Name – Rin Grand Hotel

Hotel address - Șoseaua Vitan-Bârzești 7D, București 042121, Romania

Hotel web address - <http://grand.rinhotels.ro>

Accommodation is booked from Sunday 17/06/2018 with check out on Saturday 23/06/2018

ALL team members must arrive on or before Sunday 17/06/2018. If team members would like to arrive earlier or stay later than the dates the organiser has provided accommodation for, then the individual at their own expense can make arrangements for this directly with the official hotel.

20 – Participation Fee

A participation fee of €750 EUR per competitor, team leader, team affiliates and team coaches is payable to IMMAF at pre-registration.

The cost of the competition at the 2018 European Championships is €750 EUR and the fee contains the following.

Accommodation for 6 nights in a twin room at the official hotel.
Breakfast and dinner buffet is included in the participation fee.
Complimentary use of the fitness centre and swimming pool area.
Complimentary use of wireless and high speed internet
Athlete uniform & equipment
Airport Transfer
Accreditation to competitor areas

Accreditation will not be issued where entry fees have not been paid by the pre-registration deadline.

Any athlete that has not paid their participation fee by Monday 7th May 2018 will not be included in the draw.

Payment has to be made by each member federation for its whole team. Payment will be made at the point of registration for each competitor and team delegate via the bankwire transfer. **Payment information can be downloaded here - <https://www.mynextmatch.com/tournament/70/details>**

Only registered participants who have paid the participation fee will get access to official IMMAF transportation, credentialed areas at the official hotel and the competition venue. This is for security and practical reasons. If there are persons travelling with the federation who are not needed in the arena, who don't have a key role in the team and who won't need assistance from the IMMAF, then they are welcome to attend the European Championships and not pay the participation fee. They can then purchase tickets (if available) for the competition at the competition venue respectively and book their own accommodation.

The fee is a combined fee that covers some but not all of the costs that IMMAF, which is a non-profit entity, incurs for the participants. The reason that accommodation is included is that there are a lot of practical, financial and safety benefits to having all participants in the same place.

21 – Anti-Doping

Anti-doping controls will be conducted in accordance with the IMMAF Anti-Doping Rules and the World Anti-Doping Agency Code.

We would like to remind you that according to IMMAF Anti-Doping Policy regulations, from 2016, urine and/or blood testing may be conducted during IMMAF Competitions. Participants should therefore check that all medications they use AT ANY TIME are permitted under this Policy. Absolute caution is advised in respect of all supplements, which are unregulated products, often poorly labelled; many supplements have been known to contain prohibited substances. Each participant is strictly liable for any prohibited substance found in their body or supplied to/by them.

If a participant has a medical condition requiring the use of a prohibited substance, this must be approved and authorised by a valid Therapeutic Use Exemption. If there is no permitted alternative and this treatment is justified by professional diagnostic evidence, they will need to apply for a Therapeutic Use Exemption (TUE). Participants must apply to their national anti-doping organisation at least one month before competition. Participants are responsible for ensuring that their approved applications are submitted to IMMAF through tue@immaf.org no later than 4th June 2018 (2359hrs GMT). If emergency treatment with a prohibited substance is required after this date, their TUE application must be sent to the national anti-doping organisation with a copy to IMMAF explaining why a retrospective application has been submitted. No guarantee of approval of use may be assumed; continued participation is at their own risk of committing a violation.

22 – Medical Clearance

Competitors need to ensure that their annual medical examination and blood work is in good standing as per IMMAF's competition medical requirements.

The cut-off date for submission of all correctly completed AND correctly submitted medical forms and blood work is Monday, 4th June 2018.

In order to be medically cleared to compete in the 2018 IMMAF Senior European Championships or the 2018 IMMAF Youth European Open Championships, each athlete must provide the following:

- a) a completed **Annual Medical Examination form**, dated within one year of the final day of competition - so on or after 24th June 2017
- b) a copy of the testing laboratory result form showing **clear blood test results** for Hepatitis B (HBsAg), Hepatitis C (Anti-HCV) and HIV (p24 antigen and HIV 1+2 antibodies), all dated within 6 months of the final day of competition - so on or after 24th December 2017
- c) a doctor's **review of blood test results**, documented in EITHER the Annual Medical Examination form OR the Blood Test Review form *Please Note: this review does NOT need to be duplicated on both forms (the one page Blood Test Review form is ONLY needed if blood test results are NOT being reviewed during the course of the annual medical examination!)
- d) all documentation must be sent as an email attachment in PDF form (**ideally one complete PDF per athlete**) through the team Medical Safety Lead (*see Note 1 below) to: safemma@immaf.org
*Please Note: we strongly recommend submitting all forms at least one week in advance of the deadline so that any mistakes or omissions can be addressed BEFORE the cut-off date, thus avoiding any Late admin fees (*see Note 2 below)
- e) there is NO need to resubmit forms previously received and accepted by SafeMMA - details of exactly which records we hold and the relevant dates can be found on your 'team card' (*see Note 1 below)

The most current versions of forms and further information can be found here:
<https://safemma.org/immaf/>

Note 1: MEDICAL SAFETY LEAD & TEAM CARD

Each team must nominate a Medical Safety Lead. Your MSL acts as the single point of contact through whom we expect to receive all medical documentation, and with whom we share important updates, as well as your 'team card' - the web-based tool through which precise details of the medical clearance status of each of your athletes can be tracked.

The role is purely administrative - no prior medical knowledge or experience is required. Please let us know if you require details of your MSL, or wish to nominate someone new to the role.

Note 2: ADMINISTRATION FEES FOR LATE SUBMISSIONS

The cut-off date for submission of all CORRECTLY COMPLETED and CORRECTLY SUBMITTED medical forms and blood work is Monday, 4th June 2018.

Please ensure forms are submitted at least one week in advance of this so that any mistakes or omissions can be addressed before the cut-off date. Forms must be received through the nominated MSL, ideally as one complete PDF per athlete.

- a **£20 Late admin fee** will be payable direct to SafeMMA by or for any athlete whose correct & complete documentation has not been received by the cut-off date of **Monday, 4th June 2018** (2359hrs GMT)

- a **£40 Late admin fee** will be payable direct to SafeMMA by or for any athlete whose correct & complete documentation has not been received one week after the cut-off date, so by **Monday, 11th June 2018** (2359hrs GMT)

- an **£80 Late admin fee** will be payable direct to SafeMMA by or for any athlete whose correct & complete documentation has not been received more than 2 days before the start of competition, so by **Friday, 15th June 2018** (2359hrs GMT)

Important information:

- **Other than in exceptional cases (such as with late injury replacements) the Late admin fees detailed above WILL be strictly enforced WITHOUT exception.**

- If a Late admin fee is due, NO documentation will be reviewed, or even considered as having been received, until that fee has been paid.

- If a Late admin fee is due and not received before a further deadline has been passed, the higher fee will be payable in order for that athlete's documentation to be reviewed.

- The review of any documentation received after the cut-off date is subject to the availability of resources, and at the discretion of SafeMMA and the IMMAF Medical Committee.

For the record, late admin fees are NOT intended to raise revenue. They have solely been introduced to focus attention on the importance of complying with deadlines so that we can continue doing the work we do effectively with the resources we have - the alternatives being raising fees for everyone or removing athletes from the tournament. We would be delighted if not a single late admin fee was ever incurred! Please work with us to achieve this, and get your athletes' documentation arranged in good time. If you have any comments, issues or questions regarding this, or any medical matter, please email us at: safemma@immaf.org

23 – Insurance of Competitors

The competitor competes under the full responsibility of their National Federation's Insurance. Each national federation is responsible for insuring its competitors against "injury and third party risk (public liability)" during the period of the event. The International Mixed Martial Arts Federation and the Romanian MMA Federation decline all responsibility.

24 – Media

Journalists can apply for media accreditation by sending their requests directly to the organiser at carnwath@immaf.org

When journalists are travelling as part of a National Federation Team they must both;

- Register and pay as a participant on MyNextMatch
- Also apply for media accreditation via carnwath@immaf.org, indicating that they have also registered with a National Team.

When journalists are travelling as part of a National Federation Team please indicate this, so they may be treated as part of your party.

25. Athlete Media Obligations

a) Television

It is a mandatory obligation for all Finalists to complete a television interview and photograph session for IMMAF's production team, Giant TV, who will be filming the competition for television.

All winners from the Semi-Finals will be notified to remain at the competition venue on Day 4, after the Semi-Finals competition day has finished, in order to complete the interviews.

- For the interview and photographs (which are used for TV graphics), athletes will need their Greenhill competition wear that they will be wearing for the Finals (red or blue corner)
- Plus their national T-shirt

The television interview will be in English, so please arrange for a person to translate for your athlete if needed.

b) IMMAF Media Team

Every day after a match, some competitors will be escorted for a short interview with the IMMAF Media Team following their post-fight medical examination. The interview will be for use on IMMAF media and social media channels.

On days where Anti-doping testing takes place, the interview will be conducted following the post-fight medical and before the Anti-doping testing.

An IMMAF official will be responsible for notifying competitors of IMMAF interview requests and escorting competitors from the competition area to their post-fight medical and onto their media interview.

Competitors may wear their own sponsor apparel for the media interviews.

26. Medals Ceremony

During the Finals (Day 5), competition medalists will participate in a podium medals ceremony.

The Dress Code for competitors during the medals ceremony is as follows:

- 1) Green Hill competition rash guard and shorts or National Team uniform
- 2) Flags national or otherwise should not be allowed in the medal ceremony other than the ones the organiser provides for the ceremony. No hats , no scarves.

Casual or street wear will not be permitted on the podium.

Athletes will also be required to be in the designated seating for medalists at least five minutes before their medal presentation.

27 – Visa

For competitors requiring supporting documentation for VISA applications to enter Romania please send the fully completed “Visa Application Form” with a full list of athletes, coaches and officials from each country along with copies of their passports to IMMAF not later than 14th May 2018. Forms are available from malik@immaf.org



Please note that all procedures, including rule sets, weight categories and allowance are subject to approval from Romanian Mixed Martial Arts Federation. Competition venues may change subject to contractual agreements.